

# Register for Free Online Courses

## BUILD YOUR SKILLS

Get free training to build your skills and prepare for your next job through the SkillUp America program supported by Metrix Learning. Start with FREE business and IT courses!

### Course Topics:

- Computers
- Internet
- Microsoft Office
- Management
- Leadership
- Customer Service
- Math
- Finance
- ...and more!

## SIGN UP TODAY!

1. "JOBSEEKERS" → <https://careersourceescarosa.metrixlearning.com/>  
Check your email for your assigned username and password (spam folder)
2. Take as many courses as you want for 180 days (6 months)

## WHY E-LEARNING?

- Convenient - Accessible 24/7 from any location with high-speed internet access
- Flexible - Matches your skill level and learning pace
- No cost - No tuition or travel costs

## SKILLS ENHANCEMENT INITIATIVE

**CareerSource ESCAROSA has partnered with Metrix Learning to help residents brush up on skills to prepare for better employment opportunities. This SKILLUP initiative is at NO COST to you!**

## JOIN US: WEEKLY VIRTUAL SESSIONS ON USING THE TRAINING PORTAL

- Tuesdays at 7:00 pm EST <https://bit.ly/MetrixTipsTuesday>
- Thursdays at 2:00 pm EST <https://bit.ly/MetrixTipsThursday>